

your **twelve** month
date **guide**
PREPARE  ENRICH

Print out this guide to plan and track your monthly date nights (or day dates).

Complete the bonus dates to earn extra points - with each other!

january

get cozy

Create the ultimate movie/Netflix-binge watching experience all in the comfort of home. Pre-stock your favorite movie theater snacks and enjoy them cuddled up on the couch under a blanket. Take time between episodes or after the credits to discuss your thoughts.

We'll do this on January _____.

Do it again? Y / N When? _____

Want to change anything?

bonus date

If your job allows it, meet up for a matinee at a discount theater in the middle of the week, or even just for lunch.

february

recreate your first date

Take this as literally as you want. Whether it's going to the actual location of your first date or simply enjoying the same type of cuisine you did that night, pay homage to your first date in some way. Have fun reminiscing about your first impressions of each other.

We'll do this on February _____.

Do it again? Y / N When? _____

Want to change anything?

march

experience something **new**

Take a class together. Whether it's a cooking, painting, a community education course, or yoga, experiencing something new together sparks the feel-good chemicals that were so abundant early on in your relationship.

We'll do this on March _____.

Do it again? Y / N When? _____

Want to change anything?

bonus date(s)

Take turns teaching each other how to do something you love.

april

go green

Visit a greenhouse or even just your local home improvement store and pick out a couple of plants/flowers to plant together and enjoy at home. Adjust accordingly to match your green thumb skills.

We'll do this on April _____.

Do it again? Y / N When? _____

Want to change anything?

may

take a field trip

The zoo, a museum, a historical tour of your town. The field trips you may (or may not) have enjoyed as a kid have new life as an adult. Pack lunches with your favorite childhood snacks for the ultimate nostalgia kick, or just buy lunch because you're adults now and you can.

We'll do this on May _____.

Do it again? Y / N When? _____

Want to change anything?

bonus date

Go to a baseball game. Whether it's the local high school team, a semi-pro club, or the big leagues, a baseball game provides a way to enjoy the spring weather and each other's company for a couple hours.

june

have a picnic

You don't have to pack up the car and head to a park to have a great picnic (unless you want to!) - your own backyard, patio, or deck will do! Cook or order in your favorite meal, and make it feel special by dressing up a bit and playing some music for ambience.

We'll do this on June _____.

Do it again? Y / N When? _____

Want to change anything?

july

watch a sunset

...or a sunrise if you're morning people. Grab some coffee or a nightcap and scope out a spot with a view. Reflect on the day ahead or behind you after enjoying nature's colorful show.

We'll do this on July _____.

Do it again? Y / N When? _____

Want to change anything?

bonus date

Go to the beach! Enough said.

august

create your own crawl

You've probably heard of pub or bar crawls, but if that's not your thing create a crawl of your own: bookstores, coffee shops, food trucks - you name it! You could even combine different kinds of places to create a unique date excursion.

We'll do this on August _____.

Do it again? Y / N When? _____

Want to change anything?

bonus date

Take turns planning a crawl date for each other, incorporating your partner's favorite places and things. Keep him/her guessing by giving only giving clues about each stop!

september

take a hike

Scout out parks or hiking/walking trails near you and throw on your comfy shoes. Take in the fall foliage while enjoying each other's company.

We'll do this on September _____.

Do it again? Y / N When? _____

Want to change anything?

october

carve out some time

Pick out some pumpkins and make a date out of carving or decorating them.

We'll do this on October _____.

Do it again? Y / N When? _____

Want to change anything?

november

give back together

Find a volunteer opportunity you can do together. It might even become a regular thing!

We'll do this on November _____.

Do it again? Y / N When? _____

Want to change anything?

december

exchange gifts

Go to the retail establishment of your choice and pick out gifts for each other. Set a time limit and a spending amount (challenge yourself to keep it low!) Be as silly or thoughtful as you want. Check out separately, then go to for a meal where you can exchange gifts.

We'll do this on December _____.

Do it again? Y / N When? _____

Want to change anything?

bonus date

Give yourselves the gift of an experience together instead of (or in addition to) material gifts. Get tickets to your favorite band or book a weekend away.